

Treating Opioid Addiction



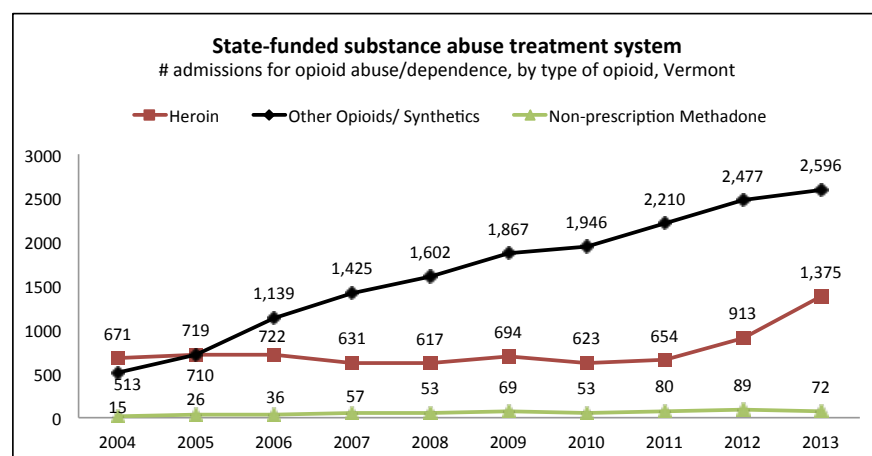
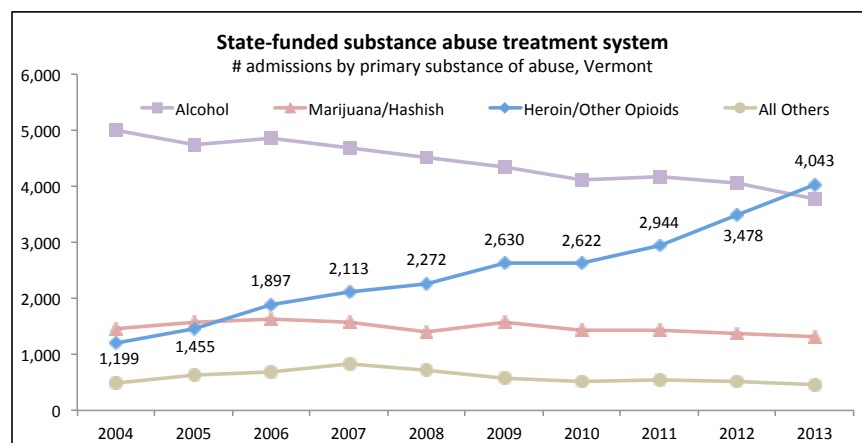
Facts

What are opioids?

Opioids – such as prescription painkillers and heroin – are powerful drugs. Opioids slow breathing and heartbeat, and act on the brain to relieve pain and increase feelings of pleasure.

More Vermonters have access to treatment.

- More than 4,000 people were in state-funded treatment for opioid abuse in 2013 – up from 399 in 2000, reflecting the state's greatly expanded access to treatment.
- The rise in treatment for heroin has nearly doubled from 2011 to 2013.
- In 2013, opioids became the primary drug of abuse for people seeking treatment.



Vermont Department of Health/Alcohol & Drug Abuse Programs data

Facts

Opioid addiction is a lifelong chronic illness.

Just like diabetes or heart disease, managing a person's addiction requires effective medical treatment along with lifestyle changes. Treatment of opioid addiction may also require medication to prevent cravings and relapse.

The Care Alliance for Opioid Addiction

is a statewide partnership of clinicians and treatment centers to provide medication assisted therapy to Vermonters who are addicted to opioids.

The Care Alliance uses a Hub (treatment facility) & Spoke (physician-led team) model to make sure that each patient's care is effective and coordinated, and is supported by the nurses and counselors who work to connect each person with community-based support services.

Medication assisted therapy facilities opened in 2004, 2006, 2008, 2012 and 2013. Despite greatly expanded access to care, in some parts of the state there are people waiting for services.

Care Alliance for Opioid Addiction

Northwest Region

Howard Center/ Chittenden Clinic

c/o UHC Building
1 South Prospect St.
Burlington, VT 05401
802-488-6450

Howard Center/ Chittenden Clinic

75 San Remo Dr.
South Burlington, VT 05403
802-488-6450

Northeast Region

BAART Behavioral Health Services: Newport

475 Union St.
Newport, VT 05855
802-334-0110
baartprograms.com

BAART Behavioral Health Services: St. Johnsbury

445 Portland St.
St. Johnsbury, VT 05819
802-748-6166
baartprograms.com

Southwest Region

West Ridge Center for Addiction Recovery

1 Scale Ave., Bldg. 10
Rutland, VT 05701
802-776-5800

Central Region

Central Vermont Addiction Medicine (BAART / CVSAS)

300 Granger Rd.
Berlin, VT 05602
802-223-2003

Southeast Region

Brattleboro Retreat

1 Anna Marsh Ln.
Brattleboro, VT 05302
802-258-3700
brattlebororetreat.org

Habit OPCO: Brattleboro

16 Town Crier Dr.
Brattleboro, VT 05301
802-258-4624
habitopco.com

Habit OPCO: West Lebanon

254 Plainfield Rd.,
West Lebanon, NH 03784
603-298-2146
habitopco.com

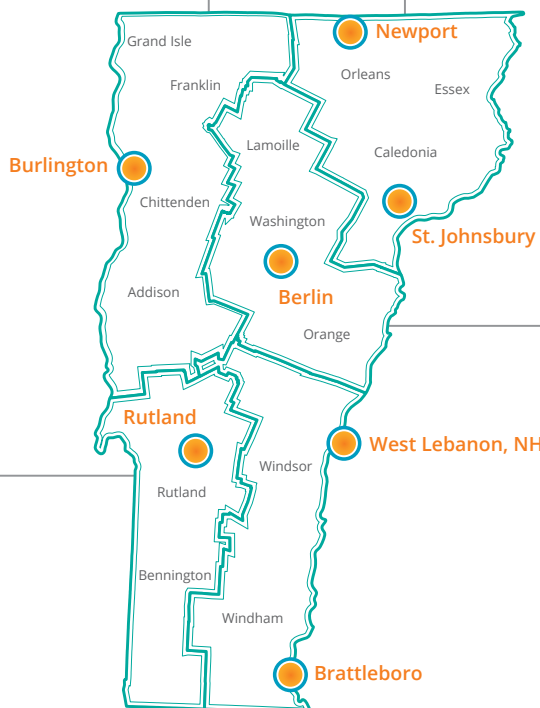


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AGENCY OF HUMAN SERVICES
DEPARTMENT OF HEALTH
DEPARTMENT OF VERMONT HEALTH ACCESS

Service Regions

Service Region boundary Treatment Center site



The need for treatment is greatest among young adults.

- Vermonters age 18-25 have one of the highest rates for the non-medical use of pain relievers. — *National Survey on Drug Use & Health 2012*
- In 2011, Vermont had the second highest per capita rate of all states for treatment admissions for prescription opioids. Only Maine's rate is higher. — *Treatment Episode Data Set 2011*